

# Course: Keep on Moving Prevention Plan

credits: 2

Course code FYVP16KOMV

Name Keep on Moving Prevention Plan

**Study year** 2022-2023

ECTS credits 2

Language Dutch, with parts in English

**Coordinator** H.A. Kranenburg

Modes of delivery Lecture

Problem-based learning

Self-study Tutorial

**Assessments** Keep on Moving: Prevention - Professional

product

# Learning outcomes

1CD-FH. 302. The student, in cooperation with one of his peers, can set up what is known as an 'indicated prevention plan' for a client with a defined elevated risk for disease based on casuistry descriptions.

1CD-C. 41. The student, in cooperation with one of his peers and in the context of prevention, can give written information to other students, in lay terms and in compliance with the rules of professional communication.

10D-Sam 4. The student, in the context of learning concepts and skills within and outside the educational institution, is willing and able to cooperate with other students, regardless of those students' diversity, ethical, cultural and philosophical backgrounds, or ideological convictions.

10D-Sam 5. The student is willing and capable of supporting other students within the academic institution to find solutions for study-related problems and issues, regardless of those students' diversity, ethical, cultural and philosophical backgrounds, or ideological convictions.

10D-Sam 6. The student, within the academic institution, is willing and capable of making a positive contribution to the cooperation within a group so the group process runs effectively and efficiently. 10D-Sam 10. The student is capable of recognising his peers as autonomous and independent individuals as well as equal discussion partners within the community of learners.

INT 2CD-E/FH 9: The student can explain in a learning situation how a client's cultural background gives significance to and explains his/her health problem.

INT 2CD-E/C 5: The student can use the TOPOI model in a learning context to analyse his/her communication with people from a different culture.

## Content

Prevention is playing an increasingly significant role in our society, certainly when it comes to prevention in the context of activities of daily living (ADL), work and sports. This module is specifically about writing a prevention plan or a simple prevention programme. You will be doing this with a group of first-year students. The group results will be evaluated, which will lead to a group grade. The cooperation will be evaluated by means of a peer assessment, and is the determinant factor for the final grade.

### Included in programme(s)

B Physiotherapy

### School(s)

School of Health Care Studies