Hanze

Course: Pt-care 9: Physiotherapy and Adults — credits: 10

Course code	PIVB25PC9AD
Name	Pt-care 9: Physiotherapy and Adults
Study year	2026-2027
ECTS credits	10
Language	English
Coordinator	A.J. Beetsma

Modes of delivery	Lecture Practical / Training Tutorial
Assessments	Portfolio - Portfolio assessment Practical - Performance assessment Presentation - Presentation

Learning outcomes

3CD-E/FH. 41. Based on a case description, the student can independently draw up a physiotherapy assessment plan for a client with complex problems/comorbidity.

3CD-FH. 111. The student can independently set up a physiotherapeutic assessment for a client with complex problems/comorbidity, based on casuistry descriptions.

3CD-E/FH. 159. Based on the findings from the physiotherapy assessment, the student can independently formulate a physiotherapy diagnosis.

3CD-E/FH. 183. Based on a case description, the student can independently draw up a physiotherapy treatment plan for a client with complex problems/comorbidity.

3CD-E/FH. 278. Based on a case description, the student can independently draw up a care-related prevention plan for a client with complex problems/comorbidity.

3BD-PH 22. The student can indicate within the multidisciplinary cooperation process how he takes into account different perspectives of colleagues, care recipients and their family, and other professionals such as those in municipalities, housing corporations, and the various disciplines within healthcare organisations.

INT 2CD-E/FH 4: On the basis of a case study, the student can independently justify the choices he/she makes in terms of physiotherapy using specialist literature written in English.

INT 3CD-E/FH 7: The student can incorporate information from specialist literature written in English into his/her clinical practice.

Content

Employees have to work longer and experiencing more and more work pressure. The physiotherapist is important in analyzing and reducing mental and physical stress factors that are related to work. In addition, the physiotherapist is competent in different mental and physical stress-reducing techniques. During various previous courses, the student has gained experience in reduced participation by means of written cases. Within this course the student performs a work analysis at a person who works with complaints.

Also physiotherapeutic methods that can be applied to nonspecific musculoskeletal problems such as back pain, neck pain and shoulder pain, which often are workrelated, will be discussed.

Complex work-related health problems are also addressed. This enables the student to better respond to complex work-related complaints that put the sustainable employability of workers under pressure. Attention is paid to both acute complaints and care in the post-rehabilitation phase, in collaboration with other healthcare professionals

Included in programme(s)

International Physiotherapy

School(s)

Health, Care & Vitality

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