Course: Leadership in sports — credits: 5

Course code	SKVH22LSP
Name	Leadership in sports
Study year	2026-2027
ECTS credits	5
Language	English
Coordinator	G. van Dalfsen
Modes of delivery	Assignment Guest lecture Lecture Tutorial
Assessments	Leadership in sports - Assessment

Learning outcomes

The objective of the module is to gain insight in your individual profile as a leader, while making use of personal elements through storytelling and the use of individual examples. Elements of this individual profile are giving answer to your purpose in life as a leader, your values, self-leadership, personal leadership, team leadership, organisational leadership (if applicable).
LILO 1: Professionalism of the sports professional (Competency level 2)
LILO 2: Design (Competency level 2)

Body Of Knowledge and Skills (BOKS) for the national educational profile for Sport Studies [in Dutch: landelijk opleidingsprofiel Sportkunde]:

Sport and physical activity management:
10. Organisational culture
11. Management

Sport and physical activity research:
14. Research capabilities

Forming connections within and beyond sport and physical activity:
16. Personal and professional development
17. (Intercultural) communication and sensitivity

Content

Content of the course component: Although leadership studies are relatively new as an academic discipline, leadership as a topic has been studied for thousands of years (Bolden, Hawkins, Gosling & Taylor, 2011). Starting in the early – to mid – twentieth century, initial research in the field of leadership endeavoured to explain leadership as a property of leaders. However, the presence of any or all of these traits does and did not make someone a leader, nor did the absence exclude that person from being the leader. In the following years, several theories were developed and various approaches to leadership can now be identified with varying degrees of focus on either the leader or follower, the interactive process between them, and/or the influence of the context. Recent leadership theory shifted the focus from the leader to leadership, emphasising the shared social process to which many people contribute (Pearce & Conger, 2003).

Leadership, both as a research area and as a practical skill, encompasses the ability of an individual, group or organization to "lead", influence or guide other individuals, teams, or entire organizations. The word "leadership" often gets viewed as a contested term (Grint, 2005).

This module has two main objectives. On one hand it provides a common understanding about theories and concepts of leadership with an emphasis on individual - and team leadership. On the other hand, it provides (practical) insights into the question: “who are you as a leader?”.

Course structure: The course consists of guest lectures, regular lectures, and tutorials led by your instructor.

Assessment structure: Describe your own profile as a leader in which you use personal elements by means of storytelling and based on your individual examples. All the material and assignments used in class need to be used in the report.

Elements to include in your story:
- Your purpose in life as a leader
- Your values
- Self-leadership
- Personal leadership
- Team leadership
- Organisational leadership (if applicable)
- Apply at least 8 different leadership models in your story
- Make use of references to academic literature
- You are allowed to justify your story by making use of pictures/video's (link).
- When reflecting on individual happening/challenges make sure that you use a variety of reflection methods (in other words not only STARR-method)

- Etc.

Conditional requirements:
-Minimum number of words 4000, maximum number of words 6000.
-Use APA referencing

Literature and any costs: -

Included in programme(s)

Sport Studies

School(s)

Well-being, Education & Sport

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