

## Minor

#### Qualification awarded

**Length of the programme** 6 months

ECTS credits 30

Level of qualification Bachelor

**Mode** Full-time

Language English

**School** School of Social Studies

Locations Groningen

# Minor Applied Positive Psychology

#### Profile of the programme

This student has completed the minor Applied Positive Psychology.

In this minor the student has studied and practiced the major relevant theories and interventions within the field of Positive Psychology and has developed and implemented an intervention based on those theories to increase the wellbeing of a specific group of people.

#### Learning outcomes

The learning outcomes are described in the course descriptions.

### Programme

#### **Minor Applied Positive Psychology**

Block 2

0	TPVM18POSPSYP - Positive Psychology in Practice	15
0	TPVM18POSPSYH - Creating and sharing Happiness	5
0	TPVM17POSPSYC - Positive Coaching Techniques	5
0	TPVM18POSPSYT - Exploring Positive Psychology	5

credits

30