

# Programme

**Qualification awarded** Bachelor of Science

Length of the programme 48 months

ECTS credits

Level of qualification Bachelor

**Mode** Full-time

**Language** Dutch, with parts in English

School School of Health Care Studies

Locations Groningen

## **B** Nutrition and Dietetics

#### Profile of the programme

Nutrition and Dietetics is one of the degree programmes offered by Hanze University of Applied Sciences Groningen's School of Health Care alongside Speech and Language Therapy, Physiotherapy, Medical Imaging and Radiation Therapy, Dental Hygiene, Health Care Management and Physician Assistant. The degree programme offers a first-phase, i.e. Bachelor-level, full-time higher professional education, specifically a higher health care education. The Nutrition and Dietetics degree programme trains students to become nutrition-related health specialists.

A distinction is made between three different professional fields in which dieticians could end up working: health care, prevention and health promotion and the food industry. In the curriculum, this translates as a total of four majors, respectively Nutrition and Health Care, Nutrition and Vitality, Nutrition and Business and a broader programme (by means of a minor), leading to the Nutrition and Society major.

In 2013, the Dutch Association of Dieticians (NVD) established the professional profile of a dietician based on the seven CanMEDS areas. Analogously, a national professional profile which incorporates all the learning outcomes was elaborated.

#### Learning outcomes

In 2013, the Dutch Association of Dieticians (NVD) established the professional profile of a dietician based on the seven CanMEDS areas. Analogously, a national professional profile which incorporates all the learning outcomes was elaborated.

The core of professional practice is professional conduct. All other competence areas touch upon and are steered by this. The seven competence areas in the professional profile describe the entire breadth of the dietician's field of expertise.

The competence areas based on CanMEDS are as follows:

- 1. Professional conduct
- 2. Communication
- 3. Collaboration
- 4. Knowledge and science
- 5. Socially responsible conduct
- 6. Leadership
- 7. Professionalism

### Programme

В	Nutrition and Dietetics	credits
Ye	ear 1	60
	Systematic approach <ul> <li>VDVP20MHB - Act methodically Company</li> <li>VDVP20MHV - Act methodically Vitality</li> <li>VDVP20MHZ - Act methodically Healthcare</li> </ul>	15 5 5 5
	Applied research <ul> <li>VDVP20KVOB - Acquire knowledge and conduct research</li> <li>VDVP20KVOV - Acquire knowledge and conduct research</li> <li>VDVP20KVOZ - Acquire knowledge and conduct research Healthcare</li> </ul>	15 5 5 5
	Development professional behaviour • VDVP20OPG1 - Development professional behaviour 1 • VDVP20OPG2 - Development professional behaviour 2	10 5 5
	Collaboration and networking <ul> <li>VDVP20SN - Collaboration and networking</li> </ul>	5 5
	Effective communication <ul> <li>VDVP20CM1 - Tailor-made communication 1</li> <li>VDVP20CM2 - Tailor-made communication 2</li> </ul>	10 5 5
	Entrepeneurship, organisation and innovation <ul> <li>VDVP2000I - Entrepreneurship, organisation and innovation</li> </ul>	5 5

Safe food	10
selection of following courses	
VDVB21CMMONDELI1 - Tailor-made communication: orally 1	5
<ul> <li>VDVB21CMMONDELI2 - Tailor-made communication: orally 2</li> <li>VDVB21CMCCUDUTT - Tile and because situation without 1</li> </ul>	5
<ul> <li>VDVB21CMSCHRIFT1 - Tailor-made communication: Written 1</li> <li>VDVB21CMSCHRIFT2 - Tailor-made communication: Written 2</li> </ul>	5 5
<ul> <li>VDVB21KVOD1 - Acquire knowledge and conduct research 1</li> </ul>	5
<ul> <li>VDVB21KVOD2 - Acquire knowledge and conduct research 2</li> </ul>	5
vDVB21KVOD3 - Acquire knowledge and conduct research 3	5
vDVB21KVOD4 - Acquire knowledge and conduct research 4	5
vDVB21KVOD5 - Acquire knowledge and conduct research 5	5
VDVB21KVOD6 - Acquire knowledge and conduct research 6	5
<ul> <li>VDVB21MHADVIES1 - Act methodically advice 1</li> <li>VDVB21MHADVIES2 - Act methodically advice 2</li> </ul>	5 5
<ul> <li>VDVB21MHADVLS2 - Act methodically advice 2</li> <li>VDVB21MHONTWERP1 - Act methodically Design 1</li> </ul>	5
vDVB21MHONTWERP2 - Act methodically Design 2	5
<ul> <li>VDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization</li> </ul>	5
vDVB210PGPROFILE - Development professional behaviour: Profiling	5
VDVB210PGREFLEC - Development professional behaviour: Reflection	5
VDVB21SNNETWERK - Collaboration and networking: Networking	5
<ul> <li>VDVB21SNSAMENWER - Collaboration and networking: Collaborate</li> </ul>	5
Effect of Diet and Exercise	10
<ul> <li>selection of following courses</li> <li>VDVB21SNSAMENWER - Collaboration and networking: Collaborate</li> </ul>	5
<ul> <li>VDVB213N3AMERWER - Conaboration and networking. Conaborate</li> <li>VDVB210PGPROFILE - Development professional behaviour: Profiling</li> </ul>	5
<ul> <li>VDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization</li> </ul>	5
VDVB21MHONTWERP2 - Act methodically Design 2	5
vDVB21MHONTWERP1 - Act methodically Design 1	5
<ul> <li>VBVB2100I0NDINNO - Doing business, organizing and innovating; Entrepreneurship and innova tion</li> </ul>	5
<ul> <li>VDVB21SNNETWERK - Collaboration and networking: Networking</li> </ul>	5
vDVB21MHADVIES2 - Act methodically advice 2	5
VDVB21MHADVIES1 - Act methodically advice 1	5
Diet and disorders of the gastrointestinal tract	10
selection of following courses	
VDVB21CMMONDELI1 - Tailor-made communication: orally 1	5
<ul> <li>VDVB21CMMONDELI2 - Tailor-made communication: orally 2</li> <li>VDVB21CMSCHRIFT1 - Tailor-made communication: Written 1</li> </ul>	5 5
<ul> <li>VDVB21CMSCHRIFT2 - Tailor-made communication: Written 2</li> </ul>	5
<ul> <li>VDVB21KVOD1 - Acquire knowledge and conduct research 1</li> </ul>	5
vDVB21KVOD2 - Acquire knowledge and conduct research 2	5
vDVB21KVOD3 - Acquire knowledge and conduct research 3	5
vDVB21KVOD4 - Acquire knowledge and conduct research 4	5
VDVB21KVOD5 - Acquire knowledge and conduct research 5	5
<ul> <li>VDVB21KVOD6 - Acquire knowledge and conduct research 6</li> <li>VDVB21MHADVIES1 - Act methodically advice 1</li> </ul>	5 5
<ul> <li>VDVB21MHADVIES1 - Act methodically advice 1</li> <li>VDVB21MHADVIES2 - Act methodically advice 2</li> </ul>	5
vDVB21MHHANDELI1 - Act methodically Act 1	5
VDVB21MHHANDELI2 - Act methodically Act 2	5
vDVB21MHONTWERP1 - Act methodically Design 1	5
vDVB21MHONTWERP2 - Act methodically Design 2	5
<ul> <li>VDVB210OIONDINNO - Entrepreneurship, organization and innovation; Entrepreneurship and in novation</li> </ul>	5
VDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization	5
vDVB210PGPROFILE - Development professional behaviour: Profiling	5
vDVB21SNNETWERK - Collaboration and networking: Networking	5
VDVB21SNSAMENWER - Collaboration and networking: Collaborate	5
Effect of Diet and Exercise	10
selection of following courses	_
<ul> <li>VDVB21CMMONDELI1 - Tailor-made communication: orally 1</li> <li>VDVB21CMMONDELI2 - Tailor-made communication: orally 2</li> </ul>	5 5
<ul> <li>VDVB21CMMONDELI2 - Iano-made communication: Orany 2</li> <li>VDVB21CMSCHRIFT1 - Tailor-made communication: Written 1</li> </ul>	5
<ul> <li>VDVB21CMSCHRIFT2 - Tailor-made communication: Written 2</li> </ul>	5
vDVB21KVOD1 - Acquire knowledge and conduct research 1	5
vDVB21KVOD2 - Acquire knowledge and conduct research 2	5
vDVB21KVOD3 - Acquire knowledge and conduct research 3	5
<ul> <li>VDVB21KVOD4 - Acquire knowledge and conduct research 4</li> <li>VDVB21K/OD5 - Acquire knowledge and conduct research 4</li> </ul>	5
<ul> <li>VDVB21KVOD5 - Acquire knowledge and conduct research 5</li> <li>VDVB21KVOD6 - Acquire knowledge and conduct research 6</li> </ul>	5
<ul> <li>VDVB21KVOD6 - Acquire knowledge and conduct research 6</li> <li>VDVB21MHHANDELI1 - Act methodically Act 1</li> </ul>	5 5
<ul> <li>VDVB21MHHANDELI1 - Act methodically Act 1</li> <li>VDVB21MHHANDELI2 - Act methodically Act 2</li> </ul>	5
<ul> <li>VDVB210PGPROFILE - Development professional behaviour: Profiling</li> </ul>	5
VDVB21SNNETWERK - Collaboration and networking: Networking	5
vDVB21SNSAMENWER - Collaboration and networking: Collaborate	5

□ Diet and chronic conditions 10 selection of following courses VDVB21CMMONDELI1 - Tailor-made communication: orally 1 5 VDVB21CMMONDELI2 - Tailor-made communication: orally 2 5 VDVB21CMSCHRIFT1 - Tailor-made communication: Written 1 5 VDVB21CMSCHRIFT2 - Tailor-made communication: Written 2 5 VDVB21KVOD1 - Acquire knowledge and conduct research 1 5 VDVB21KVOD2 - Acquire knowledge and conduct research 2 5 VDVB21KVOD3 - Acquire knowledge and conduct research 3 5 VDVB21KVOD4 - Acquire knowledge and conduct research 4 5 VDVB21KVOD5 - Acquire knowledge and conduct research 5 5 VDVB21KVOD6 - Acquire knowledge and conduct research 6 5 VDVB21MHADVIES1 - Act methodically advice 1 5 VDVB21MHADVIES2 - Act methodically advice 2 5 VDVB21MHHANDELI1 - Act methodically Act 1 5 vDVB21MHHANDELI2 - Act methodically Act 2 5 VDVB21MHONTWERP1 - Act methodically Design 1 5 VDVB21MHONTWERP2 - Act methodically Design 2 5 VDVB210OIONDINNO - Entrepreneurship, organization and innovation; Entrepreneurship and in 5 novation VDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization 5 VDVB210PGPROFILE - Development professional behaviour: Profiling 5 VDVB21SNNETWERK - Collaboration and networking: Networking 5 VDVB21SNSAMENWER - Collaboration and networking: Collaborate 5 Healthy and sustainable business 10 selection of following courses VDVB21SNSAMENWER - Collaboration and networking: Collaborate 5 VDVB210PGPROFILE - Development professional behaviour: Profiling 5 VDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization 5 VDVB21MHONTWERP2 - Act methodically Design 2 5 VDVB21MHONTWERP1 - Act methodically Design 1 5 VDVB21CMSCHRIFT2 - Tailor-made communication: Written 2 5 VDVB21CMSCHRIFT1 - Tailor-made communication: Written 1 5 VDVB21CMMONDELI2 - Tailor-made communication: orally 2 5 VDVB21CMMONDELI1 - Tailor-made communication: orally 1 5 VBVB2100IONDINNO - Doing business, organizing and innovating; Entrepreneurship and innova 5 tion 5 VDVB21SNNETWERK - Collaboration and networking: Networking VDVB21KVOD6 - Acquire knowledge and conduct research 6 5 vDVB21KVOD5 - Acquire knowledge and conduct research 5 5 VDVB21KVOD4 - Acquire knowledge and conduct research 4 5 VDVB21KVOD3 - Acquire knowledge and conduct research 3 5 VDVB21KVOD2 - Acquire knowledge and conduct research 2 5 VDVB21KVOD1 - Acquire knowledge and conduct research 1 5 10 □ Product development selection of following courses VDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization 5 VDVB21MHONTWERP2 - Act methodically Design 2 5 VDVB21MHONTWERP1 - Act methodically Design 1 5 5 VDVB21MHFABRICA2 - Act methodically Product 2 VDVB21MHFABRICA1 - Act methodically Product 1 5 VBVB2100I0NDINNO - Doing business, organizing and innovating; Entrepreneurship and innova 5 ۵ tion VDVB21MHADVIES2 - Act methodically advice 2 5 VDVB21MHADVIES1 - Act methodically advice 1 5 VDVB21KVOD1 - Acquire knowledge and conduct research 1 5 VDVB21KVOD2 - Acquire knowledge and conduct research 2 5 VDVB21KVOD3 - Acquire knowledge and conduct research 3 5 VDVB21KVOD4 - Acquire knowledge and conduct research 4 5 VDVB21KVOD5 - Acquire knowledge and conduct research 5 5 VDVB21KVOD6 - Acquire knowledge and conduct research 6 5 Healthy lifestyle and prevention 10 selection of following courses VDVB21SNSAMENWER - Collaboration and networking: Collaborate 5 VDVB210PGPROFILE - Development professional behaviour: Profiling 5 VDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization 5 VDVB21MHONTWERP2 - Act methodically Design 2 5 VDVB21MHONTWERP1 - Act methodically Design 1 5 VDVB21CMSCHRIFT2 - Tailor-made communication: Written 2 5 VDVB21CMSCHRIFT1 - Tailor-made communication: Written 1 5 VDVB21CMMONDELI2 - Tailor-made communication: orally 2 5 VDVB21CMMONDELI1 - Tailor-made communication: orally 1 5 VBVB2100IONDINNO - Doing business, organizing and innovating; Entrepreneurship and innova 5 tion 5 VDVB21SNNETWERK - Collaboration and networking: Networking

	VDVB21MHADVIES2 - Act methodically advice 2	5
	vDVB21MHADVIES1 - Act methodically advice 1	5
	VDVB21KVOD6 - Acquire knowledge and conduct research 6 VDVB21KVOD5 - Acquire knowledge and conduct research 6	5
	<ul> <li>VDVB21KVOD5 - Acquire knowledge and conduct research 5</li> <li>VDVB21KVOD4 - Acquire knowledge and conduct research 4</li> </ul>	5 5
	<ul> <li>VDVB21KVOD4 - Acquire knowledge and conduct research 4</li> <li>VDVB21KVOD3 - Acquire knowledge and conduct research 3</li> </ul>	5
	<ul> <li>VDVB21KVOD2 - Acquire knowledge and conduct research 2</li> <li>VDVB21KVOD2 - Acquire knowledge and conduct research 2</li> </ul>	5
	<ul> <li>VDVB21KVOD1 - Acquire knowledge and conduct research 1</li> </ul>	5
	Malnutrition	10
_	selection of following courses	
	vDVB21SNSAMENWER - Collaboration and networking: Collaborate	5
	vDVB210PGPROFILE - Development professional behaviour: Profiling	5
	VDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization	5
	VDVB21MHONTWERP1 - Act methodically Design 1	5
	VDVB21MHHANDELI1 - Act methodically Act 1 VDVB21MUONTWERP2 - Act methodically Design 2	5
	<ul> <li>VDVB21MHONTWERP2 - Act methodically Design 2</li> <li>VDVB21MHHANDELI2 - Act methodically Act 2</li> </ul>	5 5
	<ul> <li>VDVB21CMSCHRIFT1 - Tailor-made communication: Written 1</li> </ul>	5
	VDVB21CMSCHRIFT2 - Tailor-made communication: Written 2	5
	VDVB21CMMONDELI1 - Tailor-made communication: orally 1	5
	VDVB21CMMONDELI2 - Tailor-made communication: orally 2	5
	VBVB2100IONDINNO - Doing business, organizing and innovating; Entrepreneurship and innova	5
	tion VDVB21SNNETWERK - Collaboration and networking: Networking	5
	<ul> <li>VDVB213MNE1WERK - Collaboration and networking. Networking</li> <li>VDVB21MHADVIES1 - Act methodically advice 1</li> </ul>	5
	<ul> <li>VDVB21MHADVIES1 Act methodically device 1</li> <li>VDVB21MHADVIES2 - Act methodically advice 2</li> </ul>	5
	VDVB21KVOD1 - Acquire knowledge and conduct research 1	5
	vDVB21KVOD2 - Acquire knowledge and conduct research 2	5
	vDVB21KVOD3 - Acquire knowledge and conduct research 3	5
	VDVB21KVOD4 - Acquire knowledge and conduct research 4	5
	VDVB21KVOD5 - Acquire knowledge and conduct research 5	5
_	VDVB21KVOD6 - Acquire knowledge and conduct research 6	5
Ц	Product analysis	10
	<ul> <li>vDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization</li> </ul>	5
	<ul> <li>VDVB21000N0ANIS - Entrepreneursing, organization and innovation, organization</li> <li>VDVB21MHONTWERP1 - Act methodically Design 1</li> </ul>	5
	<ul> <li>VDVB21MHONTWERP2 - Act methodically Design 2</li> </ul>	5
	VDVB21MHHANDELI1 - Act methodically Act 1	5
	VDVB21MHHANDELI2 - Act methodically Act 2	5
	VDVB21CMSCHRIFT1 - Tailor-made communication: Written 1	5
	vDVB21CMSCHRIFT2 - Tailor-made communication: Written 2	5
	VDVB21CMMONDELI1 - Tailor-made communication: orally 1	5
	<ul> <li>VDVB21CMMONDELI2 - Tailor-made communication: orally 2</li> <li>VDVB21COLONDINNO - Datase business associations and inneusting. Entrepreneurship and inneusting.</li> </ul>	5 5
	<ul> <li>VBVB2100I0NDINNO - Doing business, organizing and innovating; Entrepreneurship and innova tion</li> </ul>	5
	vDVB21MHADVIES1 - Act methodically advice 1	5
	VDVB21MHADVIES2 - Act methodically advice 2	5
	VDVB21KVOD1 - Acquire knowledge and conduct research 1	5
	VDVB21KVOD2 - Acquire knowledge and conduct research 2	5
	VDVB21KVOD3 - Acquire knowledge and conduct research 3	5
	<ul> <li>VDVB21KVOD4 - Acquire knowledge and conduct research 4</li> <li>VDVB21KVOD5 - Acquire knowledge and conduct research 5</li> </ul>	5 5
	<ul> <li>VDVB21KVOD5 - Acquire knowledge and conduct research 5</li> <li>VDVB21KVOD6 - Acquire knowledge and conduct research 6</li> </ul>	5
		10
Ц	selection of following courses	10
	<ul> <li>VDVB21SNSAMENWER - Collaboration and networking: Collaborate</li> </ul>	5
	VDVB210PGPROFILE - Development professional behaviour: Profiling	5
	VDVB21MHHANDELI1 - Act methodically Act 1	5
	vDVB21MHHANDELI2 - Act methodically Act 2	5
	VDVB21CMMONDELI1 - Tailor-made communication: orally 1	5
	VDVB21CMMONDELI2 - Tailor-made communication: orally 2	5
	<ul> <li>VDVB21SNNETWERK - Collaboration and networking: Networking</li> <li>VDVB21MHADV/ES1 - Act mathematically advice 1</li> </ul>	5
	<ul> <li>VDVB21MHADVIES1 - Act methodically advice 1</li> <li>VDVB21MHADVIES2 - Act methodically advice 2</li> </ul>	5 5
	<ul> <li>VDVB21KVOD1 - Acquire knowledge and conduct research 1</li> </ul>	5
	<ul> <li>VDVB21KVOD1 - Acquire knowledge and conduct research 1</li> <li>VDVB21KVOD2 - Acquire knowledge and conduct research 2</li> </ul>	5
	<ul> <li>VDVB21KVOD3 - Acquire knowledge and conduct research 3</li> </ul>	5
	vDVB21KVOD4 - Acquire knowledge and conduct research 4	5
	VDVB21KVOD5 - Acquire knowledge and conduct research 5	5
	vDVB21KVOD6 - Acquire knowledge and conduct research 6	5
	Disorders in (eating) (behavior)	10
	selection of following courses	
	VDVB21SNSAMENWER - Collaboration and networking: Collaborate VDVB21OPCPDCFU F - Development professional behaviour. Profiling	5
	VDVB210PGPROFILE - Development professional behaviour: Profiling	5

0	VDVB2100IORGANIS - Entrepreneurship, organization and innovation; Organization	5
o	VDVB21MHONTWERP1 - Act methodically Design 1	5
0	VDVB21MHONTWERP2 - Act methodically Design 2	5
D	VDVB21MHHANDELI1 - Act methodically Act 1	5
D	VDVB21MHHANDELI2 - Act methodically Act 2	5
0	VDVB21MHFABRICA1 - Act methodically Product 1	5
0	VDVB21MHFABRICA2 - Act methodically Product 2	5
0	VDVB21CMSCHRIFT1 - Tailor-made communication: Written 1	5
0	VDVB21CMSCHRIFT2 - Tailor-made communication: Written 2	5
0	VDVB21CMMONDELI1 - Tailor-made communication: orally 1	5
0	VDVB21CMMONDELI2 - Tailor-made communication: orally 2	5
٥	VBVB2100I0NDINNO - Doing business, organizing and innovating; Entrepreneurship and innova tion	5
0	VDVB21SNNETWERK - Collaboration and networking: Networking	5
0	VDVB21MHADVIES1 - Act methodically advice 1	5
0	VDVB21MHADVIES2 - Act methodically advice 2	5
0	VDVB21KVOD1 - Acquire knowledge and conduct research 1	5
0	VDVB21KVOD2 - Acquire knowledge and conduct research 2	5
0	VDVB21KVOD3 - Acquire knowledge and conduct research 3	5
0	VDVB21KVOD4 - Acquire knowledge and conduct research 4	5
0	VDVB21KVOD5 - Acquire knowledge and conduct research 5	5
0	VDVB21KVOD6 - Acquire knowledge and conduct research 6	5
Gra	duation Phase	60
sele	ection of following courses	
۰V	DVH14VBB - Bachelor Thesis Food and Business	30
o V	DVH14VBM - Major Internship Food and Business	30
· V	DVH14VVB - Bachelor Thesis Nutrition and Public Health	30
· V	DVH14VVM - Major Internship Nutrition and Public Health	30
· V	DVH14VZB - Bachelor Thesis Clinical Nutrition	30
o V	DVH14VZM - Major Internship Nutrition and Care	30

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