

## Programme

### Qualification awarded

Bachelor of Arts

### Length of the programme

36 months

### ECTS credits

180

### Level of qualification

Bachelor

### Mode

Full-time

### Language

English

### School

School of Sport Studies

### Locations

Groningen

## Sport Studies

### Profile of the programme

The Bachelor programme Sport Studies comprises 180 ECTS credits (a first-year programme of 60 ECTS credits and a main phase programme of 120 ECTS credits).

The degree programme is practice-orientated with 3 challenges: International events, Active Lifestyle/blue zones and International vital cities (each 10 ECTS credits). The challenges have accompanying practical and theoretical modules and form an essential and compulsory part of this programme. The final year concerns a professional year of 60 ECTS credits.

Both first year and major are composed of compulsory modules and each year students have to choose from optional elective units (5 ECTS credits).

### Learning outcomes

The programme equips the student with the competences required of a professional in the field of Sport Studies.

These are:

#### 1. Identity of the sports professional

The sports professional uses reflection, knowledge and the experiences of others to develop their own professional identity in an inquisitive, enterprising and systematic manner, and so contributes to their own development, other professionals' development and the development of their field of study.

#### 2. Research and development

The sports professional is inquisitive when it comes to sport and exercise. They work methodically and take a healthy interest in innovations in the industry. They ask questions, analyse and interpret research results and conduct applied and design-based research. They use the knowledge and insights they have gained to develop appropriate sports and exercise products, establish new processes and create an impact on professional practice in doing so.

#### 3. Coordination, positioning and supervision

The sports professional coordinates, positions and supervises projects and programmes that promote sport and exercise. The sports professional initiates these projects and implements these exercise programmes, and in doing so is able to implement, coordinate or supervise at the strategic and tactical levels, depending on what the situation requires.

#### 4. Leadership, management and organisation

Within a given context, the sports professional independently manages and organises proper business operations and the proper performance of duties, and shows an enterprising attitude while doing so.

#### 5. Evaluation and advice

The sports professional independently develops, advises on, implements and evaluates sports and exercise strategies and policies. The sports professional independently manages the policy cycle with a view to safeguarding and developing the continuity and quality of the sports and exercise products as well as the organisation itself.

## Programme

### Sport Studies

### credits

Year 1 Sport Studies	60
□ Sport studies & sport events, Pre-challenge Triathlon	30
□ Compulsory	25
▫ SKVP22IEM - Introductory challenge event	10
▫ SKVP22SWO - Sport World	5
▫ SKVP22SPA - Sport Active Lifestyle	5
▫ SKVP22EMA - General BOK 1 Event Management	5
□ Module by choice	5
<i>selection of following courses</i>	
▫ HSVH22KEU02 - Fitness instructor A (English taught)	5
▫ HSVH22TCG - Trainer/Coach 3 General (English taught)	5
□ Challenge with a focus on health / economics / social impact	30
□ Compulsory	15
▫ SKVP23BOK2 - General BOK 2 Psychology in sport & exercise	5

▫ SKVP23CK - Challenge dedicated knowledge	5
▫ SKVP22INC - Intercultural communication	5
▫ Challenge by choice	10
<i>selection of following courses</i>	
▫ SKVP22IEV1 - Challenge I International Event level 1	10
▫ SKVP22BHL1 - Challenge II Blue Zones and Healthy Lifestyle level 1	10
▫ SKVP22IVC1 - Challenge III International Vital City level 1	10
▫ Module by choice	5
<i>selection of following courses</i>	
▫ SKVP22VWO - Vitality @ work	5
▫ SKVP22SCD - Social & community development	5
Year 2 Sport Studies	60
▫ Challenge with a focus on health / economics / social impact	30
▫ Compulsory	10
▫ SKVH23BOK3 - General Body of Knowledge 3 Sport Marketing	5
▫ SKVH23BOK4 - General Body of Knowledge 4 Financial management	5
▫ Challenge by choice	10
<i>selection of following courses</i>	
▫ SKVH23IEV2 - Challenge I International Event level 2	10
▫ SKVH23BHL2 - Challenge II Blue Zones and Healthy Lifestyle level 2	10
▫ SKVH23IVC2 - Challenge III International Vital City level 2	10
▫ Module 1 by choice	5
<i>selection of following courses</i>	
▫ SKVH22ISP - Innovative Sport Product	5
▫ SKVH22SEI - Sport, entrepreneurship & innovation	5
▫ Module 2 by choice	5
<i>selection of following courses</i>	
▫ SKVH22GAM - Local Sport Policy	5
▫ SKVH22SIM - Social Impact	5
▫ Challenge with a focus on health / economics / social impact	30
▫ Compulsory	10
▫ SKVH23BOK6 - General Body of knowledge 6 Change management	5
▫ SKVH23BOK5 - General Body of knowledge 5 Organisation and company experiences	5
▫ Challenge by choice	10
<i>selection of following courses</i>	
▫ SKVH22IEV3 - Challenge I international event I3	10
▫ SKVH22BHL3 - Challenge II Blue Zones and Healthy Lifestyle level 3	10
▫ SKVH22IVC3 - Challenge III International Vital City level 3	10
▫ Module 1 by choice	5
<i>selection of following courses</i>	
▫ SKVH22BPH - Behavioural change + International public health	5
▫ SKVH22CC - Coaching and counselling	5
▫ Module 2 by choice	5
<i>selection of following courses</i>	
▫ SKVH22GG - Good governance in sport	5
▫ SKVH22LSP - Leadership in sports	5
Year 3 Sport Studies	60
▫ Graduation year	60
▫ SKVH23AFST - Graduation challenge	60

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