

## Programme

### Qualification awarded

Master of Science

### Length of the programme

24 months

### ECTS credits

60

### Level of qualification

Master

### Mode

Part-time

### Language

Dutch, with parts in English

### School

School of Health Care Studies

### Locations

Groningen

## Healthy Ageing Professional

### Profile of the programme

The Healthy Ageing Professional Master's degree programme comprises 60 ECTS credits.

The aim of the Healthy Aging Professional Masters course is to train professionals to become an ambitious change agent. As a change agent you learn to position and organize health differently in a changing society. This transition to Healthy Aging shifts the focus of health care from cure / care to amplification; strengthening health.

Participating in this society and getting positive value from it is key. You learn to look beyond the boundaries of your own field, to collaborate with other professionals and users and to search for new solutions. The issues are viewed from an interprofessional perspective with a focus on prevention, participation, organization, lifestyle, sport and exercise.

### Learning outcomes

The programme equips the student with the competences of a professional in the field of innovation towards Healthy Ageing. These competences are:

#### 1. Professional identity

Healthy Ageing professionals critically reflect on their individual professional identity, which they position so as to reflect current developments in the professional field. HA professionals actively develop their professional identity and in doing so serve the higher purpose of Healthy Ageing in society.

#### 2. Critical approach to knowledge and paradigms

Healthy Ageing professionals are capable of taking an effective, evidence-informed approach, based on a critical approach to knowledge. They establish various paradigms, between which they can effortlessly transition where necessary and possible, for the benefit of innovation in Healthy Ageing.

#### 3. Creativity in innovation processes

Healthy Ageing professionals know how to use their creativity and apply creative methods when designing and implementing innovations in the area of Healthy Ageing.

#### 4. Leadership in innovation processes

Healthy Ageing professionals effectively take a leading role in innovation processes related to Healthy Ageing.

#### 5. Developing innovation processes

Healthy Ageing professionals are capable of effectively and systematically developing innovation processes within either a local context or the broader, societal context of Healthy Ageing. In doing so, they manage to translate ideas into tangible results by linking innovation and entrepreneurship.

#### 6. Applied scientific research

Healthy Ageing professionals use research in order to innovate their professional practice, working in consultation with other professionals and clients. They do so by ensuring that applied research makes up an integral part of all actions undertaken as a part of their professional practice. These research activities have an immediate impact on the professional practice being researched and actively contribute to the development of new knowledge.

## Programme

### Healthy Ageing Professional

### credits

#### Courses

HPDM19CA1 - Development change agent in Healthy Ageing 1	20
HPDM19CA2 - Development change agent in Healthy Ageing 2	20
HPDM19CS - Case study	20