

## Vak: International Program Healthy Ageing

credits: 3

<b>Vakcode</b>	HVVB17IPHA2	<b>Werkvormen</b>	Action learning
<b>Naam</b>	International Program Healthy Ageing		Gastcollege
<b>Studiejaar</b>	2022-2023		Hoorcollege
<b>ECTS credits</b>	3		Individueel
<b>Taal</b>	Engels		Opdracht
<b>Coördinator</b>	J.R. Pellicaan		Projectonderwijs
		<b>Toetsen</b>	Prevention of NCD's and eHealth - Opdracht

### Leeruitkomsten

The nurse student:

1. is familiar with the latest IT applications geared towards improving and supporting communication in health care as well as ICT used for organising and implementing care (2.2.1, 2.2.2).
2. is able to use digital skills and available ICT facilities to support professional and individual-focused communication (2.2.3).
3. is able to use social media and e-health programs and use ICT facilities with integrity and professionalism (2.2.7, 2.2.8).
4. adopts an open attitude towards ICT innovations in health care (2.2.9).
5. uses nursing theories, taking into account moral and ethical values (4.5.10, 7.3.4, 7.3.6, 7.3.7).
6. reflects on the transfer from relevant health issues in local context to other contexts.
7. is familiar with epidemiological theory concerning relevant health-related problems and the underlying behaviour of care users (5.1.1).
8. is familiar with methods that focus on analysing health-related problems and the associated lifestyle choices (5.1.2).
9. is familiar with the relationship between lifestyle choices and health-related problems (5.1.3).
10. is able to collect data within a broad context, with a focus on early detection and risk assessment, and able to implement and assess screening methods (5.1.4).
11. is able to methodically track down individuals and groups whose lifestyle presents a risk to their health and their participation in society (5.1.5).
12. takes into account the personal factors, wishes and needs of groups of people, care users and their loved ones, shows empathy and interest in the care user and their loved ones and their opinions on health and illness (5.1.6, 5.1.7, 5.1.8).
13. applies concepts of healthy ageing in global perspective.
14. relates to diverse societal and spatial implications of healthy ageing.
15. shows intercultural competencies in nursing.
16. selects and uses suitable and founded interventions to strengthen the health situation.
17. relates the role of nursing to the contribution of other parties involved in the health situation.

### Inhoud

*How can health care professionals contribute to prevention of non-communicable diseases by targeted eHealth programs?*

During a two weeks program, you will work on an assignment through groupwork (Dutch and international students), which consists of making an eHealth program aimed at prevention in a global perspective.

The IP aims to support finding creative solutions by using communication and information technology for 21st century healthcare risks. Therefore, you and your group make an analysis of a specific target group in order to explain the determining factors for health risks for a certain non-communicable disease (NCD). The result will be a targeted eHealth program, to be presented to the client (healthcare organizations or patient groups). You will interview experts in the field and will be supported by lectures and a coach. You reflect on the nurse's contribution in the specific health situation, as well as on the possibilities to transfer local solutions to other contexts, e.g. other countries.

### Opgenomen in opleiding(en)

Opleiding tot Verpleegkundige

### School(s)

Academie voor Verpleegkunde

share your talent. move the world.