

Vak: Sustainable Performance

credits: 2

Vakcode	MZVP17SP1	Werkvormen	
Naam	Sustainable Performance	Toetsen	toets-01 - Overige toetsing
Studiejaar	2022-2023		
ECTS credits	2		
Taal	Engels, Nederlands		
Coördinator	M. Bodewes-de Vries		

Leeruitkomsten

Nog geen leeruitkomsten bekend

Inhoud

Professional music performance is demanding, not only mentally, but also physically. Music is not only art, it is sport. In this course, musicians learn to know their bodies and find out how to deal with health issues competently. They learn how to develop resilient bodies and minds and how to work directly on the prevention of injury and stress.

Opgenomen in opleiding(en)

Muziek, major Klassieke Muziek

School(s)

Prins Claus Conservatorium

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